

## Send to the Treatment Area if...

- Pulse is in excess of 120 bpm
- Body temperature is in excess of 100.5F
- Diastolic blood pressure is above 90 mmHg
- Systolic blood pressure is above 130 mmHg
- Showing signs of chest pains, shortness of breath, altered level of consciousness, extreme fatigue, poor skin color, and similar symptoms.

## Entry Point/Initial Assessment Area

- Everyone must go through this entry point and be logged in.
- Shed SCBA and PPE, if appropriate
- Check vital signs and be observed for other problems
- May be sent to the Treatment Unit or Refreshment Unit, depending on their condition.

# NFPA 1584 Guidelines

- *Guideline #1:* Self-rehab (with hydration) for at least 10 minutes following the depletion of one 30-minute SCBA cylinder or after 20 minutes of intense work without wearing an SCBA.
- *Guideline #2:* Must enter a formal rehab area, drink appropriate fluids, be medically evaluated, and rest for a minimum of 20 minutes after any of the following:
  - Depletion of two 30-minute SCBA cylinders
  - Depletion of one 45- or 60-minute SCBA cylinder
  - Following 40 minutes of intense work without an SCBA



# Laws and Standards Applying to Rehab

29 CFR 1910.120, *Hazardous Waste Operations and Emergency Response.*

NFPA 1500, *Standard on Fire Department Occupational Safety and Health Program*

NFPA 1584, *Recommended Practice on the Rehabilitation of Members Operating at Incident Scene Operations and Training Exercises*

